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Digital copies of *Soleil Living* are now available on the Soleil website. **Go to: Resident Resources > Soleil Living Magazine**



CONTACT US TODAY

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Resident Joe Nicholson captured one of Soleil's creeks as it passes under a footbridge and through the woods on a winter's day, on its way to Laurel Lake. See page 24 for a comprehensive article on Soleil trails.



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Outdoor Pool Ready for May Opening



▲ A winter sunset provides a backdrop for this view of the outdoor pool, where the installation of additional pavers and a second green shade awning have further enhanced the rear deck. During the offseason for Soleil's outdoor pool, several notable enhancements have been made that are sure to please pool lovers as we head into summer. (Photo by Alan Bernhardt)



▲ The pool resurfacing project in February required a ▲ Loose plaster is gathered in places along the complete draining of the water. (Photo by Craig Stichtenoth)



pool bottom, while various cracks were filled in preparation for applying the new pool surface. (Photo by Neil Dubry)



▲ The new, high-quality pool surfacing complete, the refilling of the pool begins. (Photo by Neil Dubry)



▲ A close-up of the new awning from just outside the fence. (Photo by Craig Stichtenoth)

Your MAP to a PERFECT PAINTING PROJECT

Material~Application~Proper Color

How to avoid common painting mistakes and get a professional result. 7 steps to painting success.

Soleil of Laurel Canyon is a beautiful community with diverse and elegant homes. To maintain its high standards and appeal, you need to keep your home well-painted and repaired. This can be challenging, but if you follow the Verge MAP (Material, Application, Proper color) you'll achieve outstanding results and a home you can be proud of.

1. Inspect every surface:

A thorough inspection of every surface and area is essential. Different sides of the house may require different treatments. Siding, trim, stucco, and metal surfaces all wear differently. You need to identify and address any issues such as dirt, mold, mildew, paint chalk, rotten wood, delamination of siding, rust, and foreign materials.

2. Substrate integrity:

Paint needs a clean and solid surface to adhere and last. Pressure cleaning with the right chemicals is mandatory. Repairing rotten and delaminating surfaces with quality materials is critical. Caulk is not a substitute for proper repairs.

3. Chose the right material:

You get what you pay for with paint and repair

materials. The more expensive paints and coatings have the best ingredients that make them durable, resistant, and attractive. The same goes for repair materials. Synthetic products like Azeck or Plycem are better than cheap wood that will rot again. Investing in high-end materials will save you money and hassle in the long run.

4. Engineered materials means long life cycle:

Not all paints are created equal. You need to specify the exact product and product line from the manufacturer that suits your project. Paint for a new build is different than a high-end cross-linking painting polymer for a custom repaint. The same applies for repair materials. Using engineered materials will ensure a long life cycle for your paint job.

5. The right application on the right surface:

Applying a coating correctly is as important as choosing the right material. You need to follow the manufacturer's instructions and use the appropriate equipment and technique. Some paints are designed to be applied with airless sprayers and others with specific brushes. Applying a coating

incorrectly will waste the material and compromise the performance.

6. Color - HOA standards and approval:

Living in a premier community comes with rules and responsibilities. You need to follow the HOA manual and the subdivision's architectural color palette. Our color experts can help you with recommendations, but you need to get HOA approval before painting. This will avoid penalties and repaint costs.

7. Annual cleaning and inspection:

Using top of the line materials will help keep your paint clean and fresh, but you still need to pressure clean your home annually. Acid rain and pollen can damage the paint film over time. It's best to have the same company that painted your home return to clean it and inspect it for any maintenance. An annual cleaning is a must for any painting project. Also, keep bushes, shrubs, and tree limbs away from your home to prevent moisture and abrasion.

We hope this information is helpful. If you need more information, have questions, or more detail, feel free to call Verge Painting and Siding at 678.331.1102

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Winter Thoughts

BY RICKY WAYNE

That snowball you took in the face way back then was probably just a part of a forever friendship.

If you want Spring, you have to take Winter too.

Winter blues can often be cured by a bowl of chili, a piece of cornbread and an adult beverage.

What I like about Winter is you get see the bone structure of the landscape.

We tend to not notice whether it's winter or summer when we're happy.

To appreciate the beauty of a snowflake, you have to stand out in the cold.

Walking in snow that nobody else has walked on kind of makes you feel special.

It's the Winter months when you just might go to bed in one world and wake up to a different one.

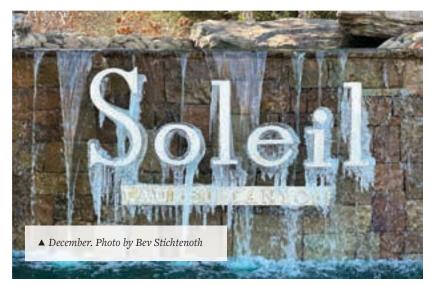
Welcome to Soleil!

Please join us in welcoming the following new Soleil residents:

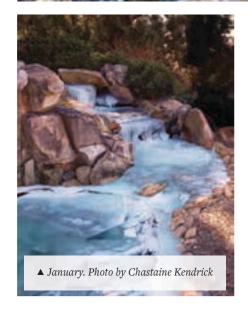
Name	Address
Jenny & Willie Biddix	640 Laurel Crossing
Nena & John Byers	323 Canyon Trail
Sharon & James Galpin	104 Woodsdale Drive
Susan & Bill Lyerly	208 Aster Court
John Murray	220 Balsam Drive

Soleil's Deep Freeze

December & January









Health & Wellness Club Sponsors Monthly Seminars

By Chastaine Kendrick



JANUARY

The Health and Wellness Club invited Dr. Jill Rossrucker from Northside Hospital to present the latest findings and therapies on sleep disorders. Along with nutrition and exercise, getting quality sleep allows the mind and body to rest and repair themselves. Over eighty people attended the informative presentation and hopefully are sleeping like babies now. (Photo by Chastaine Kendrick)





▲ FEBRUARY

A group of Health and Wellness members attended a presentation and facility tour at the Cherokee County 911 Center. The tour focused on disaster preparedness and the 911 Center's role in our community. Soleil residents include (L-R): Riva Adamovsky, Chris Digby, Judy Wallace, Kevin Reynolds, Chris Amones, Kathy Shevling, Roz Gladstone, Sallie Swartz, Laura Gildenberg, Norma Robich, Glenda Prather, Susan Abroms, Jane Gandy. Cherokee County Staff: Linda Miller, Jason Ellsworth and Alice Fennel. (Photo by 911 Center staff)





► MARCH

Health and Wellness Club members Chastaine Kendrick (L) and Kathy Wolfram along with instructor "CPR Bob" Culver are all smiles after a successful day of resident CPR training. CPR Bob—a retired Nurse Anesthetist and owner of his own CPR business—provided recertification for twenty-eight Soleil residents and staff. He also taught a refresher course on CPR and the use of the AED device. Certified CPR instructor and American Heart Association faculty member, Kathy Wolfram, assisted. (Photo by Pam Kuester)

► MARCH

Laura Gildenberg (L) and Tony Gadaleta work on perfecting their CPR skills. Because these classes are so popular there is a waiting list, which indicates more classes in the very near future. (Photo by Pam Kuester)

2023 Photographer of the Year Lives Here

By Lou Knight

oleil continues to impress with its abundance of talented people. One of those is Chastaine Kendrick who won 2023 Photographer of the Year—an award given by the Cherokee Photography Club. One of her photographs taken at Sweetwater Creek State Park also won photo of the year.

Kim Bates, President of the Cherokee County Photography Club, said, "Receiving this award requires a lot of dedication to the craft, creativity and knowledge of the science of photography." Chastaine Kendrick is a master at each.

How is the award earned? Each month competitors enter topic-

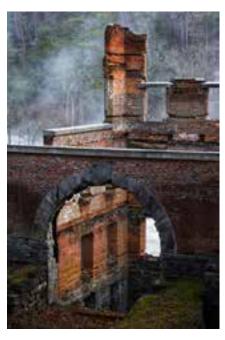
driven photos, which are judged by a professional photographer. Points are awarded for first, second and third places plus honorable mention. At the end of the year, the person with the most points is awarded Photographer of the Year.

"I was very happy and a little surprised," Chastaine said. "I had a lot of support from my husband, my friend Rebecca Blackwell and other club members to make it happen."

Chastaine's interest in photography started as a little girl when she got her first Instamatic camera with the flash cube on top. Her father was a wire photo editor in WWII, and her mother was an artist, so her creativity and curiosity came naturally. Chastaine loves to capture scenes of all kinds, but her favorites are nature and candid portraits where she catches people in action with the appropriate lighting—a challenging task.

She joined the county's photography club in 2016. "It's a social club," Chastaine said, "So we have a lot of fun while learning about photography." Part of that fun includes going on trips. Last year the club went to Banff, last month they traveled to Apalachicola, FL, and next year they are going to Scotland.

Chastaine—a nurse for forty years and midwife for twenty-five—moved from Carrollton, GA, to Soleil in 2010 with her husband, Hank Bellezza. She quickly came to love Soleil and all it has to offer.



▲ Chastaine Kendrick's "Once a Mill" won the 2024 Photo of the Year from the Cherokee Photography Club. (Photo by Chastaine Kendrick)



▲ Chastaine Kendrick, Cherokee Photography Club's 2024 Photographer of the Year. (Photo by Hank Bellezza)

She's a member of the Communications
Committee where she edits photos for *Soleil Living* magazine and is also active in the Health and Wellness Club and the Artists Guild. Chastaine loves to hike the trails in Soleil and helps with the Santa Shoot, Chico's fashion show, the annual garden tour and many other events.

Another Soleil resident has won Cherokee County Photographer of the Year—Dayle Geroski in 2021. Dayle is a retired Emory University professor and has been a first-class photographer for many years.

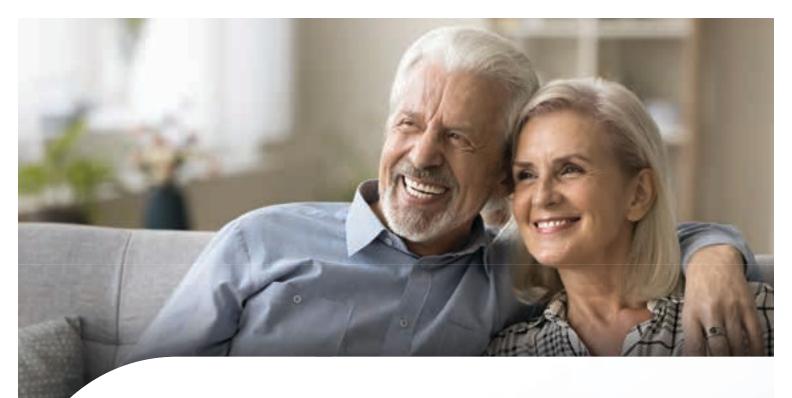
The Cherokee Photography

Club, which meets in Woodstock twice a month, provides a forum for photographers of all levels to share their interests, ideas, experiences and passion. Other Soleil residents in the club are Steve Henderson, John Quinn, Dick Slaats, Alan Bernhardt, Alan Lodwick, Kerry Maxwell, Mary Beth Burnette, Jim Heywood, Jerry Boisvert and Gary Seldon. The club itself has won awards in state competitions.



▲ Dayle Geroski won Cherokee County Photographer of the Year in 2021. Captured at the "Photography as Art" show sponsored by Soleil's Art Guild on February 25, Dayle displays photos that won first place in different competitions with the Cherokee Photography Club. The one on the left is called "Concentric," and the one on the right is titled "Clockwork Green."

(Photo by Chastaine Kendrick)



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Photography as Art

By Chastaine Kendrick

On February 25, the Soleil Artists Guild and the Soleil Photo Club in conjunction with the Soleil Veterans Club presented the third annual "Photography as Art" show in the ballroom. Pat Pugrant set up and coordinated the arrangement of the displays.

Ten artists had full displays with their photographic work done over

the years and another seven submitted 1-2 images for the central display entitled "Favorites." These favorite images represented the work that each photographer loved the most, with a placard explaining how and why each photographer chose their favorite image.

There was an excellent turnout and the Soleil Artists Guild received \$200 in donations for the Soleil Veterans Club to give to local veterans in need in the Cherokee County area.



▲ Pat Pugrant, founder of the Art Guild. (Photo by Chastaine Kendrick) ▲ Jim Heywood. (Photo by Alan Bernhardt)





▲ Cathy Pica. (Photo by Chastaine Kendrick)



▲ Mario Lombardi & wife Laurie. (Photo by Chastaine Kendrick)



▲ Penny James. (Photo by Chastaine Kendrick)



▲ Dayle Geroski. (Photo by Chastaine Kendrick)



▲ Kerry Maxwell. (Photo by Alan Bernhardt)



▲ Cheryl Kacher and Lisa Fletcher of the Artists Guild steering committee. (Photo by Chastaine Kendrick)



▲ John Quinn. (Photo by Alan Bernhardt)



▲ Kathy Schevling. (Photo by Alan Bernhardt)



▲ Dick Slaats. (Photo by Chastaine Kendrick)



▲ Bev & Craig Stichtenoth. (Photo by Chastaine Kendrick)

Artists Guild Kicks Off 2024

BY CHASTAINE KENDRICK

On January 31, the newly updated Artists Guildoriginally founded as the Art Guild in 2016 by Pat Pugrant—launched the year with a wine and cheese event. Cheryl Katcher's PowerPoint presentation outlined some of the projects the guild would like to spearhead in the coming year. Other members of the steering committee include Kevin Reynolds, Kerry Maxwell, Elissa Fletcher and Chastaine Kendrick.

The Artists Guild is open to all Soleil residents who are either artists or supporters of the arts. We invite all to join us and see what kind of artistic endeavors the future holds.



▲ Elissa Fletcher (right) answers a question about the role of committees in the new guild as Kerry Maxwell looks on. (Photo by Dick Slaats)

ARTISTS GUILD & PHOTO CLUB



▲ Alan Bernhardt. (Photo by Chastaine Kendrick)



▲ Ed Calleja. (Photo by Chastaine Kendrick)



lacktriangle Joe Nicholson. (Photo by Chastaine Kendrick)



lacktriangle Alan Lodwick. (Photo by Alan Bernhardt)



▲ Kevin Reynolds. (Photo by Chastaine Kendrick)



▲ Chastaine Kendrick. (Photo by Dayle Geroski)



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Bill Moxley Celebrates His 90th Birthday

By Joe Dupcak

n January 17, Bill Moxley celebrated his ninetieth birthday with family and friends. With temperatures in the teens that day, more than forty Soleil friends braved the coldstanding on his front lawn—to surprise him with a heartfelt rendition of "Happy Birthday."

Bill was one of the first residents of Soleil and soon became champion of all things tennis. This includes being the first Tennis Committee chairman as well as serving as team captain for Soleil teams.

Through the years, Bill could be found on the tennis courts, in the pool or in the exercise room. Health issues unfortunately ended his tennis play but not his love for the game, and he often attended home ALTA matches. In addition to tennis, Bill was a founding member of the Soleil Men's Christian Fellowship.

Joining the birthday celebration were: Bill's wife Betty; daughter and husband, Kim and Terry Allen; two great-grandchildren, Arla and Liam Allen; Betty's sister and husband, Carole and David Johnson; and Bill's favorite tennis pro, Tom Cobb.





▲ Ladies surround Bill for a photo. (L-R): Charlotte Gibson, Gayle Webb, Judy Dollar, Guye Dupcak, Joan Lanier, Melodie Massie, Barbara Kinderman, Anne Rhome, Norma Robich, Maryann Gasko, Joan Ahrens, Judy Shaffer, Betty Moxley, Bill Moxley, Carole Johnson, Tineke Arzbach, Mary Tidwell, Jayne Hopping, Mary Rusch. (Photo by Joe Dupcak)



- ▲ Neighbors and friends from Soleil including many of Bill's tennis buddies brave the cold to wish Bill a happy 90th birthday. (L-R): Joe Robich, Dick Webb, John Mosier, Joe Dupcak, Buz Ahrens, Fred Gasko, Terry Allen, Bob Rhome, Ron Brannock, Bill Moxley, Bic Bickerton, Randy Gibson, Tom Cobb, Arnie Kornblum, Doug Starr, Marty Spellman, David Johnson, Mike Hopping, Bill Tidwell. (Photo by Guye Dupcak)
- ◀ Four generations of Bill's family joined in the celebration. (L-R): Terry Allen, David Johnson, Carole Johnson, Betty Moxley, Liam Allen, Kim Allen, Arla Allen and young Bill Moxley. (Photo by Joe Dupcak)



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Readings from Writings: Remember

By Carolyn Gehl

n January 21, Soleil Residents Theater's first show of the year, Remember, featured readings by three

Marlene Caracalas read her memoir, Kety's Letters, featuring loving and supportive letters written to her in 1963-1965 from her Greek motherin-law, whom she'd never met. Karen Woodcock read My Feisty, Appalachian Mother—her tribute to Hazel Stains Reed, who never gave in to hardship and who gave Karen her feisty personality. Glen Hendren read Innocence, a memoir of his mother, who persevered in the face of Glen's antics as a boy.

At the end of the show SRT presented donations to Children's Haven director Marcie Smith in the amount of \$5,300. Marcie thanked SRT for "including us in such a beautiful and meaningful event. We loved it! We are so grateful for Soleil! Your support helps make our work possible."

This is the second year that donations collected from generous residents by SRT have gone to the Children's Haven, which supports families in distress.





▲ Glen Hendren takes a Soleil audience back to the kitchen scene where some of his childhood antics took place. (Photo by Sallie Swartz)



▲ Writers Marlene Caracalas, Glen Hendren, Karen Woodcock and director Carolyn Gehl pose for a postproduction photo. (Photo by Alan Bernhardt)



▲ SRT's Carolyn Gehl presents a check for \$5300 to Daphne Mullen, Marcie Smith and Michelle Meek of the Children's Haven in Canton. (Photo by Alan Bernardt)





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Paint & Sip

March 6



▲ Lined up in the library, the painters display their creations. (L-R): Front Row: Lexi Lenyszyn, Chris Digby, Norma Robich, Cindy Bender, Judy Weems, Bev Cavazos, Patti McLauren, Diane Taylor, Robin Lincoln, Andrea Wasielewski, Michelle Rothstein. Back Row: Jennifer Baker, Getty Czako, Joanna Talley, Patty Sawyer, Donna Howley, Sharon Golden, Linda Padgett, Nancy Farris, Susan Hopkins, Jean Harmon, Susan Gilbert, Christi Hinkley, Crystal Jacobs, Diane Graff. (Photo by Patti McLauren)



■ Soleil ladies paint as they sip whatever libation they brought to the class. (Photo by Craig Stichtenoth)



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Giving Back to the Community

By Sandy Rodes

the clubhouse and in people's homes. One such group, started in 2015, now plays Queen Samba at Sandy Rodes' house. Three years ago, the women decided to adopt two local nursing homes, Canton Center and Cherokee Center. They wanted to give back to the community with their time and donations, so they sponsored a

laying card games at Soleil is a well-known pastime that occurs at

"Craft Day" for the residents at Christmas. The men and women there created decorations for their rooms and holiday cards to share with others. Plus, a refreshment table was set up with goodie bags and containers for taking away the trail mix of their choice.

The Soleil group also worked with the activities directors to obtain names of residents in need, such as those without family, visitors or personal contact. So every year, they gave Christmas gifts to twelve residents at each center.

"It breaks your heart to see what they request," Rodes said, "things like pullups, a pillow, Ensure or snacks, but this one-on-one activity is so meaningful to them. And us."

The card group reached out to Soleil neighbors via the blog last November, asking for Craft Day items. As usual, Soleil answered the call by donating Christmas cards, ribbon, tape dispensers and so much more.

Recently, the group scheduled an early Easter Craft Day for the Cherokee Center. They made crazy hats for volunteers to wear and parade down the hallways. Residents added decorations and bling to wreaths. The wreaths were hung on the doors and cheered up every hallway.

Craft Day is not just for ladies. Men enjoy making crafts, too, but some attend just to watch the fun. Of course, it's always a good opportunity for them to raid the refreshment table.

These Craft Days are labors of love, and every member of the card group contributes in some way. Volunteers make baked goods, work one-on-one with the residents, purchase supplies and gifts, prepare the crafts and donate money. These Queens of Samba get as much joy out of the activities as the residents do.

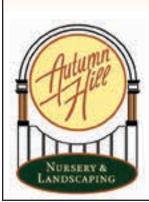


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Soup For You!

February 7



▲ Soup's on! The crockpots are lined up and ready to go. (Photo by Sallie Swartz)



▲ Betty and Wendell Henry proudly show off their big pot of Butternut Squash Soup. (Photo by Sallie Swartz)



lacktriangle Cindy Schmitt shows off her empty crock pot that was previously filled with Pizza Soup. (Photo by Alan Bernhardt)



lacktriangle Brenda Watson is left with nothing but smears where once there was Potato and Bacon Soup. (Photo by Alan Bernhardt)



▲ Kristina Croteau, Cindy Battaglia, Cathy Pica, Brenda Gilbert and Sue Polmanski (L-R) work their way through some of the many options. (Photo by Alan Bernhardt)



▲ Robyn Dela Houssie's New Orleans-style gumbo is a big hit on the Wednesday before Fat Tuesday. (Photo by Alan Bernhardt)



▲ Susan Plant (L) and Nelle Mason are all smiles after enjoying a few tasty soups. (Photo by Sallie Swartz)



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A Hiker's Guide to Soleil Trails

By Brian Paley

e are blessed to live in an area with awesome natural surroundings. The best way to take full advantage of these blessings is to put on a good pair of shoes and breathe the fresh air while taking a walk in the woods.

Soleil has several graveled walking trails that enable you to avoid roads for casual strolls or regular dog walks. Benches are provided in several locations to allow you to rest and contemplate nature—listening to the birds and babbling brooks. These trails typically link different neighborhoods. Part 1 of this article provides a brief description of five walking trails marked in red and labeled A-E on the Soleil Trail System Map.

With the recent closing of the trails in the Pine Log Wildlife Management Area and the need to drive several miles to get to Boling Park, it is inconvenient to find hiking trails where you can walk for longer than a few hundred yards. Part 2 of this article presents several opportunities for Soleil residents to hike directly from their homes along traditional hiking trails to get more exercise and visit interesting historical sites. These hiking trails are marked in green and labeled 1-6 on the trail map.

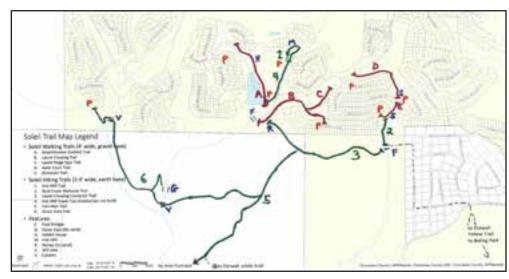
PART 1 – WALKING TRAILS OF SOLEIL

A. The Amphitheater Trail

This is a 0.5 mile graveled path that runs along the shore of Laurel Lake, starting at the Amphitheater and connecting to Laurel Canyon Parkway (LCP) near High Mountain Trace. If driving, you may park near the Racquet Club. If you prefer to enter off LCP, park on Hemlock Trail and walk along LCP to the trailhead.

There are several interesting points about this trail:

It was the route that carts were driven from the first iron ore pit mine which is the site of the retention pond at the intersection of High Mountain Trace and Laurel Canyon Parkway. You can still see this pit by peering through the hedges and over the safety fence around the mine, which was dug about 150 years ago. The carts were probably drawn by oxen southward



▲ Soleil Trail System Map. (Drawn by Brian Paley)

to deliver the iron ore to several iron furnaces built along the Etowah River and Stamp Creek.

The trail passes by a little tree house fashioned for gnomes or hobbits and is a popular site for visiting grandchildren.



▲ Hobbit House on the Amphitheater Trail. (Photo by Brian Paley of his grandchildren, Luke & Lily Lancaster)

- The trail also skirts a very high retaining wall 3. along the back of Hemlock Trail. Around 120 years ago, mine shafts were dug up to 80 feet deep into the bank behind that retaining wall to access rich veins of high-grade iron ore.
- The Amphitheater is a picturesque site for birdwatching and fishing.
- Near the Amphitheater are a few walkways to get to the Racquet Club or outdoor pool.

B. The Laurel Crossing Trail

The only way to access this trail safely is at the mini-park area on Laurel Crossing. If driving to use the trail, please be considerate and park on Laurel Crossing so as not to block access to driveways.

This 0.5 mile walking trail runs above the steep banks of Laurel Canyon and ends at a footbridge near the golf course. Do not cross this footbridge as walkers are not permitted on the cart paths and there is danger from errant golf balls.

This trail features two staircases and a couple of arch bridges. Caution is advised on these bridges, especially when wet and under repair.

Other trails intersecting with this walking trail are the Laurel Ridge Spur Trail and the Laurel Crossing Connector Hiking Trail.

C. The Laurel Ridge Spur Trail

This short side trail off the Laurel Crossing Trail runs behind the houses on Laurel Ridge. It is picturesque as residents along the trail maintain fantastic gardens.

Caution is required, however, because this trail also runs along the left edge of Hole #2 of the golf course.

The only way to access this trail safely is via the Laurel Crossing Trail.

D. The Aster Court Trail

This is about a 0.3 mile walking trail that runs from Balsam Drive to Laurel Canyon Parkway behind Aster Court. If driving, it is recommended you park near the trailhead, which is marked by an arbor on Balsam Drive. Another option is to park on Aster Court and go right on Laurel Ridge and right on Laurel Canyon Parkway to the trail entrance near the tee box for hole #11. Please be considerate not to block any driveways when parking on residential streets

The Aster Court Trail requires a moderate amount of endurance since there is a 40-step staircase in the middle.



▲ Aster Court Steps. (Photo by Brian Paley)

This trail runs along Rock Creek, which was a haven for bootleggers from the 1920s to the 1950s. You can still see the remnants of a 50-gallon drum off the side of the trail.

E. The Bonneset Trail

This is a very short walking trail that runs from Balsam Drive to the steps at the end of Bonneset Court. If driving, you may park near the trailhead on Balsam Drive or in the cul-de-sac on Bonneset Court.

There is a pink ribbon about halfway along this trail that marks a short side trail to a small moonshine



▲ Site of Moonshine Still off Bonneset Trail. (Photo by Brian Paley)

PART 2 – HIKING TRAILS OUTSIDE SOLEIL

This section describes several more rustic hiking trails constructed in the style of the Appalachian Trail. Most of these trails are well marked by ribbons hanging from trees. Each trail shown on the map is described below by name, location, length and level of difficulty.

1. Iron Mill Trail

This is an easy short loop trail that features massive concrete ruins of a mill used for refining iron ore. The iron mining history of this area is well documented in four articles published in Soleil Living issues from April-October 2022 and in the book Southern Duty: A Story of Georgia Pioneers by Soleil resident Brian Paley.



▲ Ruins of Iron Mill near Soleil Clubhouse. (Photo by Brian Paley)

The entrance to this trail is at the clubhouse. Look to the left as you enter the parking lot. Near the first lamppost is a narrow gap through the hedge. Walk over the small berm and you will notice either a few stone steps or a short ramp down to the start of the trail. Follow this trail to a set of rotary steps and

turn left at the bottom. Continue straight to the iron mill. The trail continues past the ruins, up a small bank and circles around to the right to another set of stone steps where you can see a large metal pipe that was used to fill the mill pond.

At the bottom of these steps, you have a choice of using stepping stones to cross the creek or continuing along the right bank. If you are there when water is being released from the pond in front of the golf clubhouse, these stones may be under water. Either way, you will get to see artifacts of the millrace which raised the level of water and channeled it toward a waterwheel that powered the mill. There is a bench placed along the creek so you can sit and take in the soothing sights and sounds.

The trail continues over a bridge formed by one of the concrete pylons that anchored the waterwheel and loops back up to the parking lot.

2. Rock Creek Wetlands Trail

This easy 0.25 mile trail starts at the steps down from Bonneset Court. If driving, you may park in the cul-de-sac at the end of Bonneset Court.

The Rock Creek Wetlands Trail ends just off Soleil property at a footbridge. There you have three options: a-return, b-cross the footbridge and follow a rough trail to Crabapple Road and down to Ranch Road to access the Etowah Trail System (The Yellow Trail will get you to Boling Park.) or c-follow the Laurel Crossing Connector Trail to get to the Laurel Crossing Walking Trail.



▲ Footbridge over Rock Creek. (Photo by Brian Paley)

3. Laurel Crossing Connector Trail

This is about a mile-long trail that connects the Rock Creek Wetlands Trail to the Laurel Crossing Walking Trail. It is rated as moderate difficulty because of its length and elevation changes.

To access it from the Laurel Crossing Trail, proceed down the steps at the end of the walking trail. Before you get to the footbridge toward the golf



▲ Earthen ramps over Laurel Canyon. (Photo by Brian Paley)

course, look to the left for a ribbon that marks the entrance to a narrow trail along the earthen ramps which were constructed over 150 years ago to transport iron ore from the mines in Soleil to the furnaces on the Etowah River and Shoal Creek.

4. Iron Mill Creek Trail

This is about a 0.25 mile trail that connects the Iron Mill Trail to the Amphitheater Walking Trail. It is rated as strenuous because it is still under construction. This trail can be accessed by turning right at the bottom of the rotary steps on the Iron Mill Trail or by following the Walking Trail to the left of the Amphitheater and looking for a marked trail before getting to the fairway of the golf course.

5. Iron Man Trail

The Iron Man was Judge Joseph Donaldson who began mining iron ore around 1840 on the land that is now Soleil. This is a strenuous 5 mile trail that goes from Soleil to the Donaldson Furnace on Shoal Creek. Although this trail is marked with ribbons, it should be attempted only by experienced hikers and preferably with a guide.

To get to the Iron Man Trail, hike to the end of the Laurel Crossing Walking Trail. Turn left and hike about 0.5 mile along the Laurel Crossing Connector Trail and look for ribbons marking a trail to the

right. Follow this a short way until it intersects with the Old Stagecoach Road that ran from Canton to Cartersville. Turn right and follow this lovely flat trail for another 0.5 mile until it intersects with a

well-worn ATV trail. Turn left and follow the ATV trail for about 0.75 mile to a marked trail on the right. This will lead down to Jug Creek, which you can cross by using stepping stones.

A little further on, you will come to an old road called the Old Shoal Creek Trail. There you have a choice. You can turn left where the trail crosses Rock Creek and connect with the White Trail of the Etowah Trail System, which you can follow (about 2 miles) to the trailhead near New Hightower Church. The alternative is to continue along the Purple or Yellow Trails to return (another 2 miles) to Soleil via the Rock Creek Wetlands Trail.

The third choice is to have an experienced guide who will direct you to turn right on the Old Shoal Creek Trail and hike another 3 miles to the Donaldson Furnace site. The furnace is on the other side of Shoal Creek. At this point, you can return to Soleil (about 5 miles), or wade across the creek and hike another 2 miles to the Visitor Center at the National Cemetery. This section of the trail is not well marked and skirts a major active construction site. Also, the route is very confusing because the pink trail markers are similar to the construction markers.



▲ Donaldson Furnace on Shoal Creek. (Photo by Brian Paley)

6. Sluice Gate Trail

A sluice gate was built downstream from the earthen ramps to form a canal. There are two ways to hike to the site of the sluice gate but both are rated very strenuous. One way is to follow the directions for the Iron Man Trail but turn right where the Old Stagecoach Road splits. Follow this trail to the crossing of Iron Mill Creek. About 100 yards past the culvert over the creek,



▲ Sluice Gate on Iron Mill Creek. (Photo by Charlie Barnes)

look for an orange ribbon to the right which marks a side trail to the site of the sluice gate.

Follow this side trail along the ridge for about 0.25 mile until you reach a hollowed area that was probably a small barn to shelter the animals used to haul the ore up from the barges. Just past the hollow is another orange marker for a cut-back trail that leads down to the sluice gate.

Another option to visit the sluice gate site is to start near the pump station at the end of Canyon Trail. If driving to this trailhead, you may park in the cul-de-sac or in the parking area by the new shed near the pump station. Follow this trail and go left at the fork. To avoid having to ford Jug Creek, loop to the left to cross a very large culvert over the creek. Follow this trail until it merges with the Old Stagecoach Road. Watch for an orange ribbon in about 0.5 mile, marking the side trail to the sluice gate or continue another 0.5 mile to join the Iron Man Trail.



▲ Entrance to Sluice Gate Trail. (Photo by Tom Jacobs)

"THE TRAIL GOES ON FOREVER AND THE ADVENTURE NEVER ENDS."

hat is how Don Converse closed all his correspondence. This article is dedicated in his memory and in recognition of the time and talent he dedicated to maintaining trails in North Georgia.

The article is written by Soleil resident Brian Paley. Before moving to Soleil four years ago, Brian helped design, build and maintain the Appalachian Trail throughout Tennessee. Note

the hiking trails described here are not built or maintained by Soleil and some traverse private land.

Please use caution as you assume all risks. Please report any issues with the Soleil Walking Trails using the Amenity Maintenance Request form on the Amenities page of the Soleil Residents Website. You may report any issues with the hiking trails to btpaley@gmail.com.





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Elvis Rocks the Ballroom

January 13



■ David Lee as Elvis Presley performs Elvis' hits in his 90-minute show on January 13. (Photo by Mary West)



▲ Concert-goers swing into a Conga line as "Elvis" belts out "Viva Las Vegas." (Photo by Mary West)

Trivia January 19



▲ The team known as 'The Smartinis' were the January winners of Soleil's monthly Trivia night. (L-R): Claudia Balog, Jo Kingsman, Michael Grant, Sue Polmanski, Frank Puccio, Adrienne Puccio, Gene Balog. (Photo by Steve Henderson)

Karaoke

February 23



▲ The Real Men of Soleil pay tribute to the recently departed Toby Keith with "Don't Let the Old Man In," a song title Toby borrowed from Clint Eastwood. (Photo by Bev Stichtenoth)



▲ Jessie Irwin and Veronica Steffensmeier open the evening with "Baby It's Cold Outside." (Photo by Craig Stichtenoth)



▲ Rick Zenna delivers another of his sensitive song interpretations. (Photo by Craig Stichtenoth)

◀ The Diva–Divo cast includes (L-R): Contralto Arlene

Zucker, Arranger/ Producer Mike Dorough and Tenor

Jimmie Nettles.

Diva & Divo Fill Soleil with Song

March 3

Article by Mike Dorough Photos by Alan Bernhardt

n March 3, the Mike Dorough Singers presented a performance of solos and duets featuring contralto (and Soleil resident) Arlene Zucker with tenor Jimmie Nettles.

The songs were arranged and orchestrated by Soleil resident Mike Dorough. Many selections were iconic pieces made famous by performers like Il Divo, Andrea Bocelli, The Carpenters and Barbra Streisand.

The audience was enthusiastic with their applause and many commented after the concert about the extraordinary level of the performance.

One attendee shared, "I truly enjoyed your 'Diva-Divo' concert! I loved the music choices, and both soloists were superb!"



▲ Contralto Arlene Zucker sings "For All We Know," a song made famous by Karen Carpenter.



▲ Tenor Jimmie Nettles sings "Every Time I Look at You,"

The Big Game Show

March 8

Photos by Craig Stichtenoth



▲ John Brent, Barbara Dwyer, Leo Shannon and Linda Reis play a game called "Know It All."



▲ Team captains Fran Capocci and George Goodman face off in the opening round of a game reminiscent of TV's "Family Feud."

Winter Beach Party

March 9

Photos by Craig Stichtenoth



▲ 'Gwen and the Retro Cats' keep the dance floor busy throughout the evening with an array of songs you might have found in a Myrtle Beach jukebox years ago.



▲ The colorful table centerpieces proclaim "SURF'S UP" for all to see.

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Valerie & Ed Hill Awarded CCSD Preschool Volunteers of the Year

By Lenora McCrea

alerie and LCOC Past President Ed Hill were awarded the 2024 Volunteer of the Year for CCSD Preschool Centers on February 29 at the CCSD Partner of the Year and Volunteer of the Year Reception and Awards Ceremony held at the Dr. Frank R. Petruzielo Educational Services Facility.

Valerie has led the Optimist Club's First Friday with Friends monthly literature enrichment program at Ralph Bunche and the annual Teacher Appreciation Luncheon since 2016. During Covid the project continued through monthly taped videos that were disseminated to the school. Ed participated in that project and served as liaison for funding requests by the preschool centers.

Ralph Bunche Principal Debbie Ritter said, "Thank you for being such wonderful volunteers and for your support for the Ralph Bunche students and staff. We are so grateful for you both, as well as the entire Laurel Canyon Optimist Club."

In February and March, members of the Laurel Canyon Optimist Club shared their time through volunteering at Goshen Valley Boys Ranch as house "grandparents" mentoring young men in foster care and reading to and assisting preschoolers with art projects at Ralph Bunche Preschool Center.

Youth, homeless veterans and seniors throughout the county received food and bicycles. The following non-profit organizations were helped during the past three months:

- Cherokee Family Violence Center
- Cherokee County Homeless Veterans Program
- Goshen Valley Boys Ranch
- Ralph Bunche Preschool Center
- SERV International

Optimist Club lunch meetings are held on the second Monday of each month at Sidelines Grille. If you are interested in attending a meeting, learning more about the club's projects or volunteering your time, contact President Alan Lodwick (alodwick@gmail.com or 303-748-3719) or Past President Ed Hill (evhilljr@yahoo. com or 770-880-6462).



▲ Valerie & Ed Hill (L&C) pose with Ralph Bunche Principal Debbie Ritter after being awarded Volunteer of the Year - CCSD Preschool Centers for 2024. (Photo by CCSD photographer)



▲ Lenora McCrea (left) presented check to Kelley Vincent, accountant, at Anna Crawford Children's Center. Funds were used for intervention and treatment services for children and families suffering from abuse. (Photo by Children's Center staff)



▲ Executive Director of Goshen Valley Boys Ranch, Stacy Cooper (right), receives a check from LCOC Past President Ed Hill. Goshen Valley Boys Ranch recently received a generous donation to build two pickleball courts. LCOC donated funds to provide lighting for the courts so they could be used by the boys in the summer evenings. (Photo by Valerie Hill)



▲ SERV International is a non-denominational faith-based nonprofit which provides food boxes to needy people locally and globally. Alan Lodwick, president, (left) presented a check to Rip Cain, Local Outreach Director (second from left) and two SERV employees, Lina Anna and Miriam Gonzalez at the Canton location. (Photo by SERV staff)



▲ Each month members donate their time reading to and assisting with an art project at Ralph Bunche Preschool Center. After one such session, a check was presented to Angela Moody, Assistant Principal (second from left), and Debbie Ritter, Principal (third from left), for funds to be used for die cuts, storytelling puppets and puzzles. LCOC members present include (L-R): Mary DeLuca, Ed Hill, Valerie Hill, Linda Penrose, Linda Ries and Angie D'Agostino. (Photo by Ralph Bunche staff)



▲ Doug & Tasha Whitener, Co-Founders of Waymark Foster (left and center) accepted check from Ed Hill, past president (right). Funds were used for scholarships for youth to attend the Journey Weekend Camp. (Photo by Valerie Hill)

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Life is the Only Way to Defeat Cancer

Article & Photos by Kathy Schevling

n February, the Soleil Pink Ribbon Society and the Soleil Health & Wellness Club sponsored a "Living with Cancer" presentation by Deb Krier. Her organization provides help and support for anyone dealing with cancer and gives practical guidance on navigating that world. The talk was for survivors, caretakers and anyone interested in learning about the experience.

Deb spoke about her own journey through diagnosis, education, decision-making, treatment and finally her conclusions about being a cancer "warrior."

Some of the recommendations discussed were:

- Assemble your tribe of helpers. Be sure they have different strengths to offer you.
- Do not search the internet for information. It can be overwhelming.
- Don't be afraid to change providers (MDs, therapists, etc.) if you are not getting the best care possible.
- Make treatment choices that are appropriate for you and your life. Consider side effects, goals, lifestyle, etc.
- Attitude is contagious.
- Bring others to your appointments to document or record your visit. You may not hear or remember all that was said.
- Life is not over with the diagnosis of cancer.

It was an interesting and uplifting presentation stressing that the patient and loved ones have choices and can take control of many aspects of the care.

Deb Krier's website is www.tryingnottodie.live. Resources there provide tips like:

- How to improve care
- Recommended providers
- Articles on a variety of subjects
- Links to podcasts about cancer-patient care and caretakers.

Contact the Pink Ribbon Society: Kathy Schevling - nursekathy630@ yahoo.com

Contact Health and Wellness Club: Chris Amones - fishmanjc@comcast. net



▲ Deb Krier discusses how a positive attitude helps cancer patients. (L-R): Bonnie Mantell, Marianne Holthaus, Sherri Thomas.



▲ Organizers Teresa McCurry and Debbie Simmons (L&R foreground) listen with Tom & Bernadine Cutilletta.



▲ Deb Krier states her motto, "Life is the only way to defeat cancer."



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▲ After a workout in the fitness room, Joe DiBernardo refills his water bottle from one of the new fill stations installed in the clubhouse last year. (Photo by Craig Stichtenoth)

#1 Ranked Chef Cooks with Soleil Cooking Club

February 27





lacktriangle Chef George Sigeti, Executive Chef with Morrison Healthcare of Northside Hospital was ranked #1 in 2023 of 497 chefs nationwide. Here he oversees Stu Slutzman as he sautés onions. (Photo by Dennis Burnette)



▲ SCC President Steve Englebert grills peppers with Rich Pinkowski and Marty Spellman. (Photo by Dennis Burnette)



▲ Jeff Pawlik (L) and Dennis Burnette were hosts for the event. Host not shown is John Szwast. (Photo by Bob Abroms)



▲ Peter Hickey, Chef George, George Goodman, Chuck Surdi and Cliff Penrose pause for a photo while preparing Asian Cucumber Salad. (Photo by Dennis Burnette)



 \blacktriangle At the end of the buffet line, Greg Adamovsky (facing camera) describes the dinner of Korean Scallion Pancakés, Asian Cucumber Salad, Korean Ribeye Cheesesteak Sub, Sweet Potato Fries, Szechuan Style Green Beans and Green Tea Cake. Bill York from Northside Hospital (gray shirt) assists chef George Sigeti in serving. (Photo by Bob Abroms)



▲ Enjoying dinner are (seated from left): new SCC member John Irizarry, Tom Reynolds, Ed Hill, John Holthaus, Mike Elliott (suit). Standing is Chef George Sigeti and his assistant Bill York. (Photo by Bob Abroms)



▲ Set-up crew (L-R): Alex Capocci, Bob Abroms, Phil Walsh and Craig Vandenberg. (Photo by Dennis Burnette)

LGA Plans Their Year

Article & Photos by Bonnie Johnson

t an early 2024 closed meeting, the new LGA board-introduced at the November 1 meeting—finalized this year's roster of tournaments. Strap on your big girl putters because the LGA has a fun-filled ride on the Fairways of Canton in 2024 with a roster filled with a variety of events and games. We look forward to seeing all members back on the course.

MAJOR TOURNAMENTS IN 2024:

May 1: April Showers Bring May Flowers

June 19: Blue vs Red Team Match Play

August 7: Run, Rudolph, Run!

September 23 & 25: League Championship

In addition to the major events, weekly games offer all sorts of fun challenges where winning is often secondary to birdie juice and gathering at Stratus to share highs, lows and memorable moments of the

2024 OFFICERS AND CHAIRS:

President: Sharon Jenson

Vice President: Paula Hardy

Sec/Tres: Susan Jarvis

Games Chair: Colette Sanders

Rules Chair: Teresa Ratteree

Tournament/Social Chair: Angie Kurzen

The LGA met on March 27 at Stratus for a kick-off member meeting and luncheon at which time annual dues of \$40 were collected and an informative meeting "got the balls rolling."

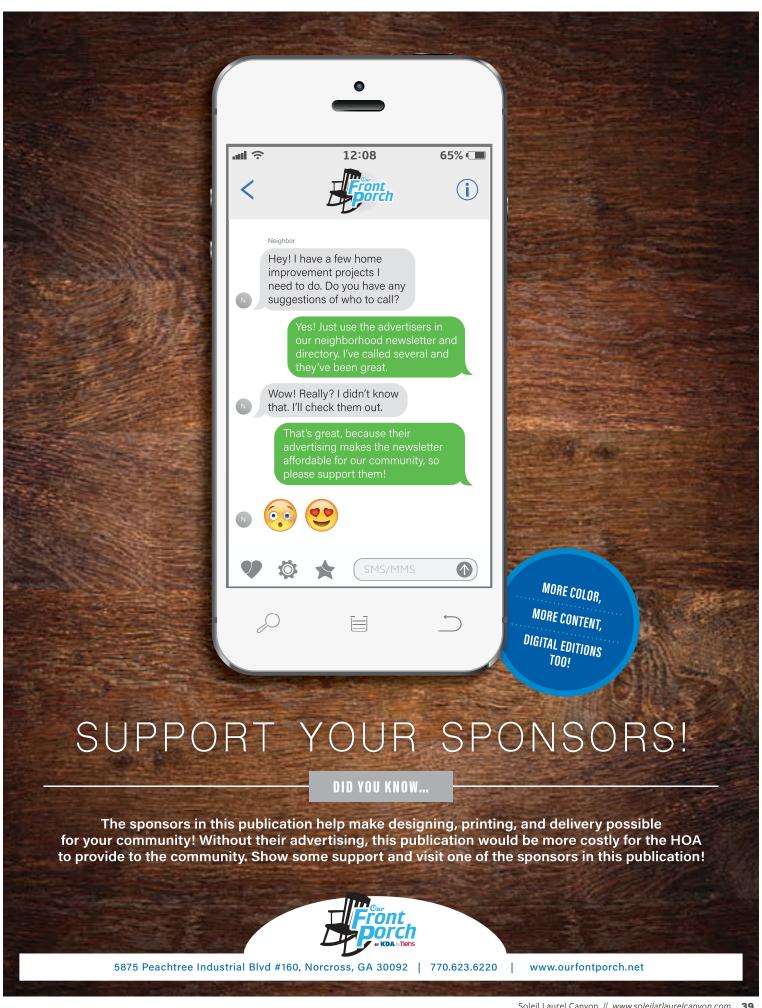
The LGA welcomes all women golfers who have a GHIN handicap, are over the age of 18 (good grief) and are looking to promote friendship through enjoyment of the game. Contact Colette Sanders (919-619-9485) or Sharon Jenson (603-670-4213).



▲ Susan Milovich, Melody Diamond, Teresa Moore, Han Lawrence, Jonna Wheeler and Carolyn Tingle (L-R) love their putters.

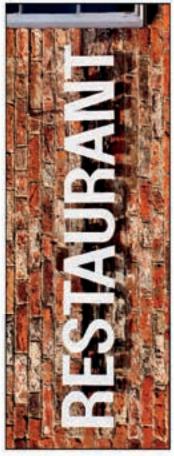


▲ Evie Lewis, Teresa Ratteree, Paula Hardy, Sue Heffelfinger and Heidi Martin know that winter golf is warmer when played with friends.









Break Out of Your Dinner Rut: Explore the Culinary Gems in Your Backyard!

We all have those familiar restaurants on speed dial – the reliable fallback options for weeknight dinners or weekend outings. But venturing beyond the tried-and-true can unlock a world of flavor and hidden delights right in your own community.

Support Local Businesses: Money spent at a local restaurant goes back into your community, strengthening the local economy and fostering a vibrant atmosphere.

Unique Flavors & Experiences: Independent restaurants often specialize in unique cuisines or offer innovative takes on classics.

Local restaurants often have great stories about how they started. You might discover your new favorite international dish or be surprised by a modern twist on your grandma's pasta recipe.

So, ditch the delivery app and grab your adventurous spirit!

Utilize free local resources like "Tasteof575.com" or similar local publications to find hidden gems and support the businesses that make your community special.

You might just discover your new favorite date-night spot or the perfect place for a celebratory family dinner. Happy exploring!

ADVERTISE IN THIS SECTION

Neighborhood Eats by Taste of 575 is a special insert offering special rates for food and dining businesses. To learn more email: gerald@tasteof575.com









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Beyond the Bean: Why Your Local Coffee Shop Needs You (and You Need Them)

We all know the comfort of a good cup of coffee. That first sip can be a morning ritual, a midafternoon pick-me-up, or the fuel for a creative
session. But beyond the delicious beverage itself,
the independent coffee shop you frequent offers
something much more: a vibrant community hub.
Here's why supporting these local gems is a winwin for everyone, and how a program like the
Corridor Coffee Club passport can make a big
difference.

1. The Heartbeat of a Neighborhood

Independent coffee shops are more than just places to buy coffee. They're gathering spots for friends, families, and business meetings. They often host events like open mic nights, art shows, and book readings, fostering a sense of connection and creativity within the community. Many independent shops also partner with local artists and businesses, showcasing their work and promoting collaboration.

2. Direct Impact on Your Community

When you choose an independent coffee shop, your money goes directly back into your neighborhood. Local businesses are more likely to source ingredients from local roasters and bakeries, supporting a network of small businesses. They also tend to hire locally, creating a cycle of economic prosperity within the community. Additionally, many independent shops are passionate about social causes and often host charity events or donate to local organizations.

3. Beyond the Cup: A Sensory Experience

Independent coffee shops offer a unique aesthetic experience. They often have a welcoming atmosphere, with comfortable seating, quirky décor, and a soundtrack that reflects the neighborhood's vibe. These carefully curated spaces create an ambiance that chain coffee shops simply can't replicate.

4. Collective Power: Why the Corridor Coffee Club Matters

Local restaurants prioritize building relationships. You'll be greeted by warm smiles, attentive servers who remember your preferences, and chefs eager to share their culinary vision. This personalized touch fosters a sense of belonging and makes your dining experience feel truly special.

5. Brewing a Brighter Future

Supporting local coffee shops isn't just about a good cup of joe; it's about nurturing the social fabric, economic health, and overall character of your neighborhood. By participating in the Corridor Coffee Club passport program (Launching May 1, 2024), you're not just getting discounts – you're actively contributing to a vibrant and thriving community. So visit corridorcoffeeclub.com and grab your passport, embark on a coffee crawl, and experience the unique magic of local coffee shops. After all, every sip strengthens the heart of your neighborhood, one delicious cup at a time.

Ready to join the movement? Grab your Corridor Coffee Club passport and start exploring! #SupportLocalCoffee #CorridorCoffeeClub



YOUR NEIGHBORHOOD

COFFEE SHOP

Just Got a Lot Bigg

Corridor Coffee Club is coming to your neighborhood and focused on bringing attention to local independent coffee shops and roasters through our website and digital passport savings program.

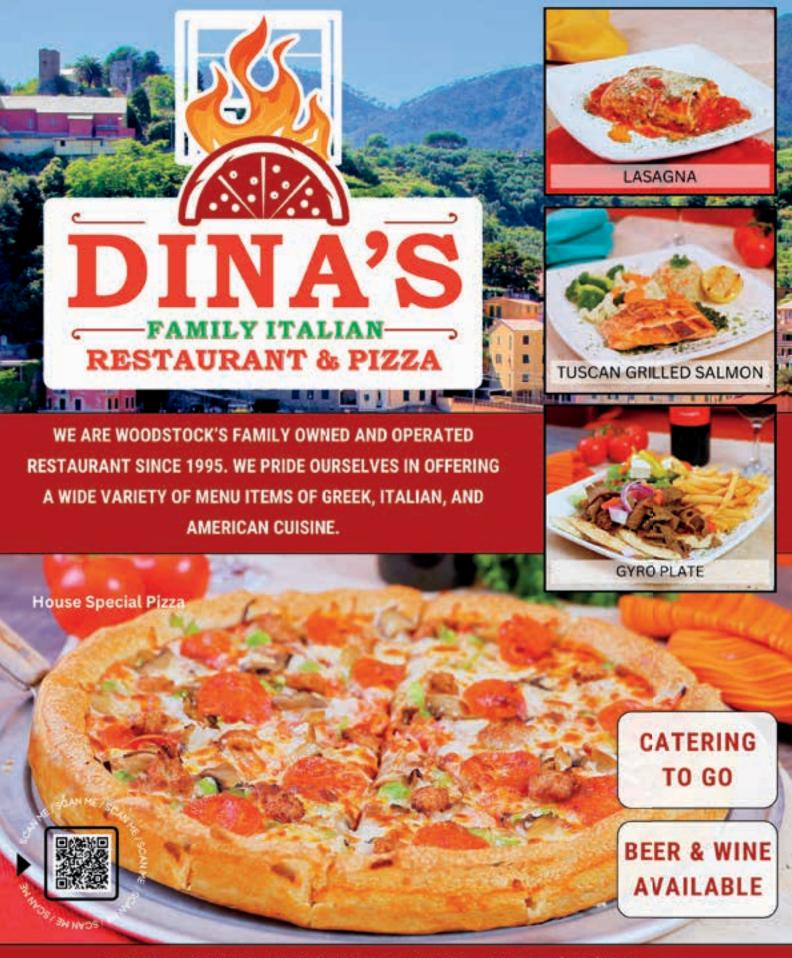
Join our mailing list to get updates about our upcoming launch. Local coffee shops can ask about our free advertising options.

LEARN MORE



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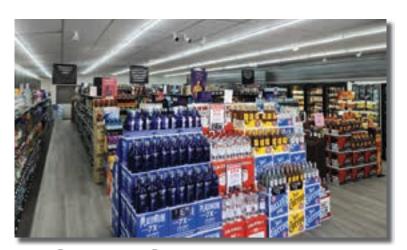
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